

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



SAMPLE CALENDAR

			<p>Doctor's Appointments: Let the front desk know when your appt is 9:15 Senior Yoga 10:30 Rootbeer Ring Toss 11:30 Lunch Bunch to Noodles and Company 3:00 The Year 1957 4:00 Sing A Long 6:30 Lap Bingo</p>	<p>Doctor's Appointments: Let the front desk know when your appt is. 9:15 Walking Club 11:00 Senior Reader Theater 1:00-3:00 Vital Signs: Come get your monthly vitals checked 2:00 Karaoke 6:30 Thursday Night Movie</p>	<p>9:15 Deep Stretch and Balance Class 10:15 Book Club: Come review our book and start the next! 1:30-3:00 Manicures 3:00 Discovering Folk Art 5-9: Trip to Farmers Market 6:30 Friday Night Movie</p>	<p>9:00 Catholic Services 9:15 Group Exercise with Weights 10:30 Visual Tour: Butterflies and their Migration South 1:00 Jewish Services 2:00 Bingo 3:00 Outing for Milk Shakes 6:30 Saturday Night at the Theater</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Baptist Services 3:30 Rachel Call Violin and Viola Classical Music Performance 6:00 Non-Denomination Bible Study 6:30 Sunday Night Movie</p>	<p>9:15 Group Exercise with Weights 10:15 Scenic Drive: Canyon Drive 1:00-2:00 Handy Work Club: Come work on your knitting, crocheting together, and wood work 1:15-2:00 Ice Cream Social 2:00 Resident Council 3:30 Wheel of Fortune Game! 6:30 Monday Night Movie</p>	<p>9:15 Chair Aerobics 10:15 Shopping trip to Walmart in Orem 1:15 Sit and Dance with Becky 2:00 Live Chicken Plop Bingo 3:15 Kerplunk Outdoor Activity 6:30 Susan Ronson Vocal Performance: Family and friends</p> <p style="text-align: center;">First Day of Ramadan</p>	<p>Doctor's Appointments: Let the front desk know when your appt is 9:15 Senior Tai Chi 10:30 Horse Racing 1:30 Travel Buddies: Trip to the Library 4:00 Hand Massages with Tammy 6:30 Wednesday Night Movie</p>	<p>Doctor's Appointments: Let the front desk know when your appt is. 9:15 Walking Club 10:00 Chair Chi 11:00 Planting Herbs with Jimmy 1:30 Balance Class 2:00 Brown Bag Bingo 3:30 Xbox Bowling 6:30 Thursday Night Movie</p> <p style="text-align: center;"><i>Happy Birthday Janice Gourdin!</i></p>	<p>9:15 Deep Stretch and Balance Class 10:30 Dance Movement Therapy with Jaquel Stokes 1:30-3:30 Manicures 3:30 Brain Busters 5-9: Trip to Farmers Market 6:30 Friday Night Movie</p>	<p>9:00 Catholic Services 9:15 Group Exercise with Weights 10:30 Hour at the Spa 1:00 Jewish Services 2:00 Bingo 3:30 The Country Kitchen: Let's Make Fried Chicken! 6:30 Saturday Night Movie <i>Happy Birthday Jean Herron!</i></p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Baptist Services 3:30 Xbox Bowling 6:00 Non-Denomination Bible Study 6:30 Sunday Night Movie</p> <p style="text-align: center;">First Day of Shavuot</p>	<p>9:15 Group Exercise with weights 10:15 Scenic Drive 1:00-2:00 Handy Work Club: Come work on your knitting, crocheting together, and wood work 1:15-2:00 Ice Cream Social 2:00 Travel Buddies: Bowling 6:30 Stacy Fairbanks and Father Vocal and Guitar Performance</p>	<p>9:15 Chair Aerobics 10:15 Shopping trip to Walmart 2:00 Resident "Choice" Bingo 3:15 Crafty Crew: Popsicle Stick Flag Wall Hanging for you or to give to a family member 4:15 Flag Day Ceremony 6:30 Tuesday Night Movie</p> <p style="text-align: center;">Flag Day (US)</p>	<p>Doctor's Appointments: Let the front desk know when your appt is 9:15 Senior Yoga 10:30 The Year 1776 2:30 Music Therapy with Shelby 3:30 Nature Photography Walk: Come on a walk outside and take pictures of nature to enter into our Nature Photo contest 6:30 Wednesday Night Movie</p>	<p>Doctor's Appointments: Let the front desk know when your appt is. 9:15 Walking Club 10:15 Group Anagrams 1:30 Flexibility Class with 2:00 Bingo 3:00 Resident Birthday Party! 6:30 Thursday Night Movie</p>	<p>9:15 Deep Stretch and Balance Class 10:30 Manicures/Nail Care Normal Lunch Hours: Father's Day Lunch Buffet BBQ 1:30-3:00 Indoor Golf Tournament 3:30 Sing A Long 5-9: Trip to Farmers Market 6:30 Friday Night Movie</p>	<p>9:00 Catholic Services 9:15 Group Exercise with Weights 10:00 Historical Spotlight: Come learn and listen to this month's composer 1:00 Jewish Services 2:00 Bingo 3:15 Bocce Ball Fun 4:00 Carly Bastian Violin Performance 6:30 Saturday Night at the Theater</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Baptist Services 3:30 Coffee Klatsch 6:00 Non-Denomination Bible Study 6:30 Sunday Night Movie</p> <p style="text-align: center;">Father's Day</p>	<p>9:15 Group Exercise with Weights 10:15 Scenic Drive 1:00-2:00 Handy Work Club: Come work on your knitting, crocheting together, and wood work 1:15-2:00 Ice Cream Social 3:30 Art and Soul Paint Studio Live Art Class 6:30 Monday Night Movie</p> <p style="text-align: center;"><i>Happy Birthday Gloria Jones!</i> Summer Begins</p>	<p>9:30 – 10:30 Breakfast and Tour of Fire Engines with Provo Fire and Rescue 10:45 Shopping trip to Grocery Store and Post Office 1:15 Sit and Dance with Becky 2:00 Bingo 3:30 Nature Photo Contest! Come and vote for your favorite photos taken by the residents themselves 6:30 Tuesday Night Movie</p>	<p>Doctor's Appointments: Let the front desk know when your appt is 9:15 Senior Yoga 10:00 Xbox- Tennis 1:30 Travel Buddies: John Moyle Park in Alpine 4:00-5:00 Fix It Mobility Clinic: come and get your walkers/chairs fixed for free 6:30 Crane Family Talent Show: All Invited to Attend</p>	<p>Doctor's Appointments: Let the front desk know when your appt is. 9:15 Walking Club 10:15 Remember When: National Geographic Documentary of the First Man on the Moon 1:30 Flexibility Class 2:00 Bingo 3:15 Sing A Long 6:30 Kara Lyn Roundy Vocal and Piano Performance in upstairs Lobby</p>	<p>9:15 Deep Stretch and Balance Class 10:30 Surprise Activity 1:30-3:30 Manicures 3:30 Ladder Golf Game 5-9: Trip to Farmers Market 6:30 Friday Night Movie</p>	<p>9:00 Catholic Services 9:15 Group Exercise with Weights 10:30 Neighbor Meet N' Greet (Come meet all those who have joined our community in the last month) 1:00 Jewish Services 2:00 Bingo 3:15 Hour at the Spa 6:30 Saturday Night at the Theater</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Baptist Services 5:00-6:00 Harp performance during dinner 6:00 Non-Denomination Bible Study 6:30 Sunday Night Movie</p>	<p>9:15 Group Exercise with weights 10:15 Scenic Drive 1:00-2:00 Handy Work Club: Come work on your knitting, crocheting together, and wood work 1:15-2:00 Ice Cream Social 3:00 Relief Society Social 6:30 Monday Night Movie</p> <p style="text-align: center;"><i>Happy Birthday Darlene Jensen!</i></p>	<p>9:15 Chair Aerobics 10:15 Shopping trip to Mall 2:00 Bingo 3:15 Come play Beach Volleyball (In your chairs)! 6:30 Tuesday Night Movie</p>	<p>Doctor's Appointments: Let the front desk know when your appt is 9:15 Senior Yoga 10:00 Sing-a-long 12:00 Travel Buddies: Picnic up the Canyon 4:00 Fly a Kite Day: Come watch as we fly our kites outside: grandkids welcome! 6:30 Wednesday Night Movie</p>	<p>Doctor's Appointments: Let the front desk know when your appt is. 9:15 Walking Club 11:00 Karaoke 1:30 Flexibility Class 2:00 Bingo 3:15 Sing A Long 6:30 Thursday Night Movie</p>	<p>www.legacyretire.com</p>	