

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday


 <p><b>LEGACY VILLAGE</b> Castle Pines</p>	<p>9:30 (ES) Exercise w/ Thrive <b>1</b> 10:30 (CR) "Heartstrings" 1:30 (CR) <b>Active Minds: Putin's Russia</b> 3:00 (GR) Learn to Play Euchre 4:00 (CR) Wii Sports <b>6:15 (MT) Chiefs vs. Broncos Monday Night Football Tailgate Party</b></p>	<p>9:30 (ES) Exercise w/ Thrive <b>2</b> 10:00 (BT) King Soopers in CR 2:00 (BT) Target Shopping 3:00 (MT) Ted Talk: The science of cells that never get old 4:00 (L) Happy Hour 6:30 (MT) Movie – "Beatriz at Dinner"  <i>Simchat Torah</i></p>	<p><b>Medical/Dental Appts. 3</b> 9:30 (ES) Exercise 10:30 (C) Cross-stitch 1:30 (GR) Bridge 2:30 Woodburning w Liz 3:30 Yahtzee 6:30 (MT) Movie – "17 Miracles"</p>	<p><b>Medical/Dental Appts. 4</b> <b>9:30 (CR) Seniors' Council of Douglas County</b> 9:30 (ES) Chair Volleyball 10:30 (GR)Poker Players 1:00 (LE) Ceramics w Tracy 2:30 (CR) Bingo 6:30 (MT) Movie- "Jerry Maguire" w/ Tom Cruise</p>	<p>9:30 (ES) Yoga <b>5</b> 10:30 (GR) Canasta 1:00 (CR) Brain Train 2:30 (B) Pool Sharks 4:00 (L) <b>Happy Hour w/ Sugar and Spice</b> 6:30 (MT) Movie – resident's choice</p>	<p>9:30 (ES) Exercise <b>6</b> 10:30 (LE) Beaded Napkin Holder Making 2:30 (CR) Bingo 6:30 (MT) Movie – "The First American"</p>
<p>9:30 (ES) Walking <b>7</b> 11:00 (MT) Broncos vs. Jets 1:00 (MT) Hymns 1:30 (MT) Church w/ SE Christian 6:30 (MT) Sun Night Movie – "Baby Boom" with Diane Keaton</p>	<p>9:30 (ES) Exercise w/ Thrive <b>8</b> 10:30 (CR) "Heartstrings" 10:30 (GR) Yahtzee 11:30 (BT) <b>Lunch to The Ridge</b> 2:30 Card Games 4:00 (CR) Wii Sports 6:30 (MT) Movie – United 93  <i>Columbus Day (US) Thanksgiving Day (Canada)</i></p>	<p>9:30 (ES) Exercise w/ Thrive <b>9</b> 10:30 (BT) King Soopers 2:00 (BT) Hobby Lobby 3:00 (MT) Ted Talk: Are China and the US doomed to conflict? 3:30 Bill Holsinger's Birds (L) 4:00 (L) Happy Hour 6:30 (MT) Movie – "The Queen"</p>	<p><b>Medical/Dental Appts. 10</b> 9:30 (ES) Exercise <b>10:30 (CR) Town Hall</b> <b>11:00 (CR) Food Council</b> 1:30 (GR) Bridge 2:30 Woodburning w Liz 6:30 (MT) Movie- "Soda Springs"</p>	<p><b>Medical/Dental Appts. 11</b> 9:30 (ES) Exercise 10:30 (GR) Poker Players 2:30 (CR) Bingo 3:30 (CR) Card games 6:30 (MT) Movie-"The Wizard of Oz"</p>	<p>9:30 (ES) Yoga <b>12</b> 10:00 (BT) <b>Castle Rock Outlets</b> 10:30 (GR) Yahtzee 1:00 (CR) Brain Train 2:30 (B) Pool Sharks 4:00 (L) Happy Hour 6:30 (MT) Movie - ????</p>	<p>9:30 (ES) Exercise <b>13</b> 10:30 (LE) Watercolor Leaves 2:30 (CR) Bingo 6:30 (MT) Movie – "Saturday Night Fever"</p>
<p>9:30 (ES) Walking <b>14</b> 10:30 (MT) Bible Study w Liz 1:00 (MT) Hymns 1:30 (MT) Church w/ SE Christian 6:30 (MT) Sun Night Movie – Stronger with Jake Gyllenhaal</p>	<p>9:30(ES) Exercise w/ Thrive<b>15</b> 10:30 (CR) "Heartstrings" <b>2:00-3:30 (CR) Understanding Alzheimer's</b> 4:00 (CR) Wii Sports 6:30 (MT) Movie – "Patriot Games"</p>	<p>9:30(ES) Exercise w/ Thrive<b>16</b> 10:30 (BT) King Soopers 2:00 (BT) Walmart Shopping 2:30 <b>Cello with Dean</b> 3:30 (MT) Ted Talk: The dark secrets of a surveillance state 4:00 (L) Happy Hour 6:30 (MT) Movie – The Pianist</p>	<p><b>Medical/Dental Appts. 17</b> 9:30 (ES) Exercise 10:30 (LE) Día De Las Muertos Art Project 1:30 (GR) Bridge <b>2:30 (ES) Wellness Clinic</b> 3:30 Learn to Play Rummikub 6:30 (MT) Western Movie</p>	<p><b>Medical/Dental Appts. 18</b> 9:30 (ES) Chair Volleyball 10:30 (GR) Poker Players 1:30 (CR) Bingo <b>2:30 The Great Pumpkin Painting Party</b> 6:20 (MT) Broncos vs. Cardinals</p>	<p>9:30 (ES) Yoga <b>19</b> <b>10:30 (CR) Gus Meza</b> <b>11:30 (BT) Lunch to Rose's Bella Cucina in CR</b> <b>2:00 Voting Ballot Collection</b> 4:00 (L) Happy Hour 6:30 (MT) Movie - resident's choice</p>	<p>9:30 (ES) Exercise <b>20</b> 10:30 (LE) Intro to Oils - Scarecrows 2:30 (CR) Bingo 6:30 (MT) Movie- "The Hornet's Nest"</p>
<p>9:30 (ES) Walking <b>21</b> 10:30 Trivia 1:00 (MT) Hymns 1:30 (MT) Church w/ SE Christian 3:30 (LR) <b>Sally's Treble Makers Concert</b> 6:30 (MT) Sun Night Movie – "Zero Dark Thirty"</p>	<p>9:30(ES) Exercise w/ Thrive<b>22</b> 10:30 (CR) "Heartstrings" <b>2:00 (LR) Sandy Woodrow's Songs for You</b> 3:30 (CR) Wii Sports 6:30 (MT) Movie – "Navy Seals"</p>	<p>9:30(ES) Exercise w/ Thrive <b>23</b> 10:30 (BT) King Soopers 2:00 (BT) Park Meadows Mall 3:30 (MT) Ted Talk: The family I lost in N Korea. 4:00 (L) Happy Hour 6:30 (MT) Movie- "American's Sweethearts"</p>	<p><b>Medical/Dental Appts. 24</b> 9:30 (ES) Exercise 10:30 (CR) Tech Q&amp;A 1:30 (LE) Bridge <b>3:00 (L) Make Your Own Candied Apples Social</b> 6:30 (MT) Western Movie</p>	<p><b>Medical/Dental Appts. 25</b> 9:30 (ES) Exercise 10:30 (LE) Poker Plyers 2:30 (CR) Bingo <b>4:00 (BT) Dinner Outing to Sierra Grille</b> 6:30 (MT) Movie – "Young Frankenstein"</p>	<p>9:30 (ES) Yoga <b>26</b> <b>9:30 Safe Halloween Walk</b> 1:00 (CR) Brain Train 2:30 (B) Pool Sharks 3:00 (LB) Book Club 4:00 (L) Happy Hour 6:30 (MT) Movie - resident's choice</p>	<p>9:30 (ES) Exercise <b>27</b> 10:30 (LE) Woodburning Pumpkins 1:30 (CR) Bingo <b>2:30 (CR) Halloween Party w/ Rock Canyon HS / Big Jim</b> 6:30 (MT) Movie – "Megan Leavey"</p>
<p>9:30 (ES) Walking <b>28</b> 10:30 (MT) Bible Study w Liz 1:00 (MT) Hymns 1:30 (MT) Church w/ SE Christian 6:30 (MT) Sun Night Movie – "An Officer and a Gentleman"</p>	<p>9:30(ES) Exercise w/ Thrive<b>29</b> 10:30 (CR)"Heartstrings" <b>11:30 (BT) Lunch to Kneaders</b> 1:00 (LE) Adult Coloring Book 4:00 (GR) Wii Sports 6:30 (MT) Movie – "Hotel Rwanda"</p>	<p>9:30(ES) Exercise w/ Thrive <b>30</b> 10:30 (BT) King Soopers 2:00 (BT) Walmart 3:00 (MT) Ted Talk: Design at the intersection of tech and biology 6:30 (MT) Movie- "Emma" with Gwyneth Paltrow</p>	<p><b>Medical/Dental Appts. 31</b> 9:30 <b>TT Halloween Parade!!</b> 10:30 Picasso Painting Class 11:00 (L) Birthday Lunch 2:30 (L) <b>Cooking w/ Chef Don</b> 4:00 (L) Halloween Happy Hour 6:30 (MT) Western Movie <i>Halloween</i></p>	<p style="text-align: center;"><i>October 2018</i></p> <p><b>Calendar Key:</b>          (B) – Billiards                      (C) – Craft Rm 2 Floor                      (L) – Lounge          (CR) – Community Room                      (LR) 2<sup>nd</sup> Floor Living Rm                      (ES) – Exercise Studio          (MT) – Movie Theater                      (LE) – Life Enrichment Rm                      (GR) – Game room          (LB) – Library                      (BT) – Bus Trip/Sign up req'd.                      (CY) – Courtyard</p>		

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



<p>9:30 (ES) Exercise w/ Thrive 10:30 (CR) "Heartstrings" 1:30 (CR) <b>Active Minds: Putin's Russia</b> 3:00 (GR) Learn to Play Euchre 4:00 (CR) Wii Sports <b>6:15 (MT) Chiefs vs. Broncos Monday Night Football Tailgate Party</b></p>	<p>9:30 (ES) Exercise w/ Thrive <b>1</b> 10:30 (CR) "Heartstrings" 1:30 (CR) <b>Active Minds: Putin's Russia</b> 3:00 (GR) Learn to Play Euchre 4:00 (CR) Wii Sports <b>6:15 (MT) Chiefs vs. Broncos Monday Night Football Tailgate Party</b></p>	<p>9:30 (ES) Exercise w/ Thrive <b>2</b> 10:00 (BT) King Soopers in CR 2:00 (BT) Target Shopping 3:00 (MT) Ted Talk: The science of cells that never get old 6:30 (MT) Movie – "Beatriz at Dinner"  Simchat Torah</p>	<p><b>Medical/Dental Appts. 3</b> 9:30 (ES) Exercise 10:30 (C) Cross-stitch 1:30 (GR) Bridge 2:30 (LE) Woodburning w Liz 3:30 (GR) Yahtzee 6:30 (MT) Movie – "17 Miracles"</p>	<p><b>Medical/Dental Appts. 4</b> 9:30 (CR) <b>Seniors' Council of Douglas</b> 9:30 (ES) Chair Volleyball 10:30 (GR)Poker Players 1:00 (LE) Ceramics w Tracy 2:30 (CR) Bingo 6:30 (MT) Movie- "Jerry Maguire" w/ Tom Cruise</p>	<p>9:30 (ES) Yoga <b>5</b> 10:30 (GR) Canasta 1:00 (CR) Brain Train 2:30 (B) Pool Sharks 4:00 (L) <b>Happy Hour w/ Sugar and Spice</b> 6:30 (MT) Movie – resident's choice</p>	<p>9:30 (ES) Exercise <b>6</b> 10:30 (LE) Beaded Napkin Holder Making 2:30 (CR) Bingo 6:30 (MT) Movie – "The First American"</p>
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# October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Exercise Class <b>1</b> 10:00 Conductorcising 11:00 Coloring Mandalas 1:00 Puzzles 3:00 Painting Picture Frames 6:15 (MT) Chiefs vs. Broncos	9:30 Exercise Class <b>2</b> 10:30 Pet Therapy w Jack 11:00 Reminiscing 1:00 Make your own Doodle 2:30 Root Beer Floats 4:00 Garden Appreciation <small>Simchat Torah</small>	9:30 Chair Yoga <b>3</b> 10:30 Gardening 1:00 Card Bingo 2:00 Coffee and Cookies 3:00 Wii Sports 4:00 Ocean Trivia	9:30 Chair Volleyball <b>4</b> 10:30 Pet Therapy with Bailey 11:30 Leg stretching for lunch 1:00 Games/ UNO 2:00 Hallway Bowling 4:00 Soaking up the Sun	9:30 Yoga <b>5</b> 10:30 Scenic Drive 1:00 Trivia 2:30 Cookie Baking 3:00 Pool Sharks 4:00 Virtual Parks Tour	9:30 Wii Exercise Class <b>6</b> 10:30 Audubon Bird Tales 11:00 Rock Painting 2:00 Name that Tune 3:00 Sing Along 4:00 Hand Massages
9:30 Noodle Ball <b>7</b> 10:30 Coffee Break 11:00 Broncos vs Jets 1:00 Hymns 1:30 Church w/ SE Christian 6:30 Sunday Night Movie	9:30 Exercise Class <b>8</b> 10:00 Trivia 1:00 Yahtzee 2:00 Making sensory slime 3:00 Enjoying the Sunshine 5:00 Monday Night Football <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	9:30 Exercise Class <b>9</b> 10:30 Pet Therapy w Jack 1:00 Strolling to the Beat 2:30 Root Beer Floats 3:00 Garden Meditation 4:00 Dining Room Clean Up	9:30 Chair Yoga <b>10</b> 10:30 Coloring Mandalas 1:00 Card Bingo 2:00 Coffee and Cookies 3:00 Hallway Bowling 4:00 Seasonal Trivia	9:30 Chair Volleyball <b>11</b> 10:30 Pet Therapy with Bailey 11:00 Random Dance Party 1:00 Scrapbooking 2:30 Bingo 4:00 Rolling Silverware	9:30 Yoga <b>12</b> 10:30 Scenic Drive 1:00 Trivia/ puzzles 2:30 Cookie Baking 3:00 Pool Sharks 4:00 Virtual Parks Tour	9:30 Wii Exercise Class <b>13</b> 10:30 Audubon Bird Tales 11:30 Watercolor Leaves 2:00 Sing Along 3:00 Whistle that Tune 4:00 Hand Massages
9:30 Walking <b>14</b> 10:30 Coffee Break 1:00 Hymns 1:30 Church w/ SE Christian 2:05 Broncos vs Rams 3:30 Baking muffins for Nat'l Dessert Day 6:30 Sunday Night Movie	9:30 Exercise Class <b>15</b> 10:00 Origami 1:00 PVC Puzzles 3:00 Card Games 5:00 Monday Night Football	9:30 Exercise Class <b>16</b> 10:30 Pet Therapy w Jack 1:00 Time to smell the roses 2:30 <b>Cello with Dean</b> 4:00 Dining room clean up	9:30 Chair Yoga <b>17</b> 10:30 (LE) Dia De Las Muertos Art Project 1:00 Card Bingo 2:00 Hallway Bowling 3:30 Candied Apples Social 4:00 Random Trivia	9:30 Chair Volleyball <b>18</b> 10:30 Pet Therapy with Bailey 1:30 Bingo 2:30 <b>Pumpkin Painting Party</b> 4:00 Soaking up the Sun 6:20 Broncos vs. Cardinals	9:30 Yoga <b>19</b> <b>10:30 Gus Meza</b> 1:00 Trivia / Puzzles 2:30 Cookie Baking 3:00 Pool Sharks 4:00 Virtual Parks Tour	9:30 Wii Exercise <b>20</b> 10:30 Audubon Bird Tales 11:30 Painting Scarecrows 2:00 Sing Along 3:00 Hum that Tune 4:00 Hand Massages
9:30 Noodle Ball <b>21</b> 10:30 Coffee Break 1:00 Hymns 1:30 Church w/ SE Christian 3:30 <b>Sally's Treble Makers Show</b>	9:30 Exercise Class <b>22</b> 10:00 Trivia <b>2:00 Sandy Woodrow's Songs for You</b> 3:00 Dominos 5:00 Monday Night Football	9:30 Exercise Class <b>23</b> 10:30 Pet Therapy w Jack 1:00 Making paper airplanes 2:30 Root Beer Floats 3:00 Strolling to the Beat 4:00 Dining Room Clean Up	9:30 Chair Yoga <b>24</b> 10:30 Ceramics with Arts on Fire 1:00 Card Bingo 2:00 Coffee and Cookies 3:00 UNO 4:00 American Trivia	9:30 Chair Volleyball <b>25</b> 10:30 Picasso Painting Class 1:00 Scrapbooking 2:30 Bingo <b>3:00 Family Council/ Halloween Party</b> 4:00 Dining Room Clean Up	9:30 Yoga <b>26</b> 10:30 Scenic Drive 1:00 Trivia / Puzzles 2:30 Cookie Baking 3:00 Pool Sharks 4:00 Virtual Parks Tour	9:30 Wii Exercise <b>27</b> 10:30 Audubon Bird Tales 11:30 Fall Crafts 1:00 Board Games 2:00 Name that Tune 3:00 Sing Along 4:00 Holiday Reminiscing
9:30 Walking <b>28</b> 10:30 Coffee Break 1:00 Hymns 1:30 Church w/ SE Christian 3:30 Chocolate Bingo for Nat'l Chocolate Day	9:30 Exercise Class <b>29</b> 10:00 Card Games 1:00 Adult Coloring Books 3:00 Puzzles 5:00 Monday Night Football	9:30 Exercise Class <b>30</b> 10:30 Pet Therapy w Jack 1:00 Remembering Halloween's Past 2:30 Root Beer Floats 3:00 Sing Along 4:00 Dining Room Clean Up	9:30 Chair Yoga <b>31</b> 11:00 Birthday Lunch 1:00 Card Bingo 2:00 Halloween Snack Party 3:00 Hallway Bingo 4:00 6:30 Movie – "Young Frankenstein" <small>Halloween</small>	<h1>October 2018</h1>		